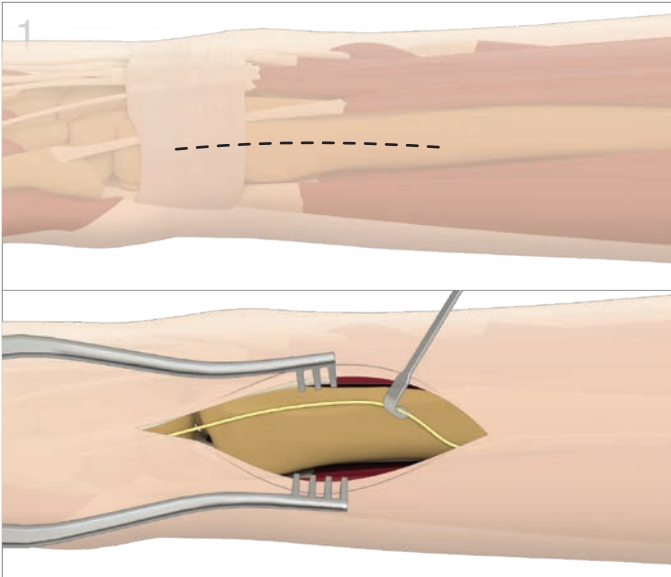


Ulnar Peg Plate™

•• Wrist 3

SURGICAL TECHNIQUE





Exposure

- Make a linear skin incision along the mid axis of the forearm at the level of the wrist over the palpable ulna.
- Take care to avoid the dorsal sensory branch of the ulnar nerve during dissection. Gently retract the nerve.

Note: Complete exposure of ulnar head is not required since it may detach essential soft tissue stabilizers.



Reduction

- Apply Ulnar Peg Plate™ aligned with the distal ulna.
- Use 1.1mm (0.045") K-wires to provisionally fix proximal and distal end of the plate in the desired position.



Distal Fixation

- Insert the Locking Peg Guide labeled "FIXED" into a distal peg hole.
- Drill a hole with a 1.8mm (blue) drill bit taking care not to penetrate the joint surface on the far side.
- Measure depth and insert distal locking peg.
- Repeat procedure and complete distal fixation through angular screw holes for rotational stability.

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Proximal Fixation

- Use 1.8mm (blue) drill bit to drill bicortically or unicortically in the slotted hole.
- Measure depth and insert 2.4mm screw.
- If desired, the screw in the slotted hole may be loosened slightly and the plate position can be adjusted or the fracture compressed. Secure the screw into the slotted hole.

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Final Fixation




- Use 1.8mm (blue) drill bit to drill bicortically or unicortically in the remaining proximal holes.
- Measure depth and insert proximal 2.4mm locking pegs and/or 2.4mm cortical screws as needed.
- Confirm that all screws and pegs are fully seated prior to closing incision.

TIPS and PEARLS

- Plate can also be placed on the volar aspect while fixing distal radius fractures.



All components are **Wrist Fixation System 3 (WS3)** items. All implants made from surgical grade stainless steel.

			
Screw Table	Unthreaded Peg, 2.4mm	Threaded Peg 2.4mm	Cortical Screw, 2.4mm
	UPEG2.4-XX	TPEG2.4-XX	TRX2.4-XX
Length	10-28mm *	10-32mm *	10-32mm *
Drill	● 1.8mm		
Guide	GUIDELF-1.8 GDMINI-1.8		GUIDE-1.8/2.4
Driver	Torx 8		

* 2mm increments

** 1mm increments

Ulnar Peg Plate™

UPEGP-5
UPEGP-7



Please Note:
Markings on the underside of plate
are unique to Wrist 3 Plates *only*.

Locking Peg Guide

GUIDELF-1.8



K-Wire

WIRE-1.1/100



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The technique presented is one suggested surgical technique. The decision to use a specific implant and the surgical technique must be based on sound medical judgment by the surgeon that takes into consideration factors such as the circumstances and configuration of the injury.

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For indications, contraindications, warnings and precautions related to TriMed Wrist Fixation System 3 reference IFU on trimedortho.com/ifu.

See trimedortho.com/patents for all patent information.